

SHALAKYA TANTRA (Ophthalmology& ENT) OPD

- Refractive errors – Myopia, Hypermetropia, Astigmatism,
- Early stages of cataract, Pterygium
- Retinitis Pimentosa
- Dryness of eyes
- Migraine and other types of headaches
- Alopecia
- Grey hair, baldness

Kriyakalpa

Netra Kriyakalpa generally called Kriyakalpa, are the treatment procedures used in the management of Eye Diseases. We in our hospital carry out 7 types of Kriya Kalpa (Therapeutic procedures) which are mentioned in our Ayurvedic Classical Texts.

1. Tarpana: In this procedure, the medicated ghee is kept in the eye for a specific time by special arrangement. It gives nourishment to the eyes and cures Vata and pittajanagerogas. Used in the management of Progressive refractive errors, computer vision syndrome, tiredness of eyes and retinal diseases.
2. Putapaka: The procedure is the same as tarpana but the medicine extracted from herbs by putapaka procedure, is usually carried after tarpana. Indication for rejuvenation of eyes.
3. Seka: In this procedure, medicine is poured on the closed eyes continuously from four inches height for a specific time according to doshas. It is indicated in acute inflammatory conditions
4. Aschotana: The medicated drops are put into the eye from the height of two inches on the open eye. It is indicated in infection and allergic conditions of conjunctiva and cornea.
5. Anjana: In this procedure, medicine is applied over the inner surface of the lid margin from the medial canthus to the lateral canthus with anjanashalaka. It is indicated when the doshas are located only in the eyes.
6. Pindi: Medicated paste is tied in a thin cloth and kept over the eye. Indicated in abhisyanda and adhimanta
7. Bidalaka or lepa: In this procedure medicated paste is applied to the eyelids. Indicated in styte, chalazion and other inflammatory conditions of the eyelid.

Karna Purana

The installation of medicated oil in the ear is called Karnapurana. It is indicated in diseases of the ear like Tinnitus, Hearing loss and Meniere's disease.

Nasya Karma

Nasya is a therapy in which medicated oil or liquid is administered through the nostrils. It is highly effective in the management of diseases of the head and neck. Indicated in sinusitis, migraine, allergic rhinitis, premature greying of hair, hair fall and facial paralysis.