



# Dhanvantari Ayurveda Festival - 2023

महर्षि वाल्मीकि जयंती (शारद पूर्णिमा) से धन्वन्तरि जयंती (कार्तिक, कृष्ण त्रयोदशी) तक  
28 Oct 2023 to 10 Nov 2023

## National seminar on Sroto-Dynamics

# इष-रेह-व्युष

*Bridging Body, Mind and Spirit*

Organised by

**Guru Gorakshnath Institute of Medical Sciences**

(Faculty of Ayurveda)

Mahayogi Gorakshnath University Gorakhpur

Gorakhpur, Uttar Pradesh



**Date**

8<sup>th</sup>, 9<sup>th</sup> & 10<sup>th</sup> Nov 2023

### Special Features

- Scientific sessions by eminent speakers.
- Best paper and poster presentation awards.
- Accepted abstracts will be a part of the seminar proceedings.
- Short listed full length papers will be published in the University research journal.

### Highlights

- Mobile Photography Competition
- Short Film/Documentry Competition
- Ayur-Exhibition

**MAHAYOGI GORAKHNATH UNIVERSITY GORAKHPUR**



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## Chief Patron

### Shri Yogi Adityanath

Hon'ble Chief Minister,  
Government of Uttar Pradesh  
Chancellor,  
Mahayogi Guru Gorakhnath University  
Gorakhpur

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Gorakhpur

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Mahayogi Guru Gorakhnath University  
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## Convener

### Dr. Manjunatha N.S.

Principal,  
Guru Gorakhnath  
Institute of Medical Sciences  
(Faculty of Ayurveda),  
Gorakhpur

## Organizing Secretaries

Dr. Naveen Kodlady  
Dr. Piyush Versha

## Joint Organizing Secretaries

Dr. Sumith Kumar M.  
Dr. Vinamra Sharma  
Dr. Pragya Singh

## Contact us at

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## About the Institute

Guru Gorakshanath Institute of Medical Sciences (Faculty of Ayurveda) is a budding institution, aspiring to be one of the top institutes of the country in the coming years under the visionary leadership of its founder and chief patron, Shri Yogi Adityanath, the honorable Chief Minister of Uttar Pradesh.

The Institute is part of a sprawling campus built and spread over 200 Acres of the Mahayogi Guru Gorakhnath University Gorakhpur from the year 2021.

Mahant Digvijaynath Ayurveda Chikitsalaya attached to the institute is serving more than 250 patients everyday with highly skilled clinicians and state of art treatment facilities.

## About the Seminar

Ayurveda Festival - 2023 is a fortnight of events organized every year on the occasion of National Ayurveda Day celebrated on Dhanvantari Jayanti. On the occasion of the 8<sup>th</sup> National Ayurveda Day, a three days national seminar, "Sukhayu-Bridging Body, Mind and Spirit with the theme on Sroto-Dynamics is planned to be conducted.

Sukhayu stands for the quest to a happy and healthy life. The world Su-kha-āyu is split in a special way to signify the importance of Srotas (Kha) for the well being of all. The seminar will focus on the themes for advancing the understanding and practices of Ayurveda and Yoga with emphasis on Srotas.

### Fundamental

Understanding of Srotas,  
Srotomula w.s.r. to its  
anatomical &  
physiological aspects

### Diagnostics

Understanding Sroto  
Dushti karana and  
lakshana,  
Understanding Sroto  
Viddha Lakshana

Broad  
Themes  
on  
Srotas

### Preventive & Promotive

Balancing the Srotas for  
optimal health through  
diet, lifestyle & Yoga.  
Srotas and emotional  
well-being

### Therapeutics

Treatment protocols for  
Srotodushti, Drugs and  
formulations for the treatment,  
Adverse drug reactions  
observed during the treatment

### Papers are invited under

- Conceptual studies/reviews.
- Experimental Studies.
- Recent advances in the field of Ayurveda and technology.
- Clinical Trials.

### Important Deadlines

- Last date for submission of Abstracts : 15 Sep 23
- Last date for submission of full paper : 15 Oct 23
- Last date for Registration : 15 Oct 23