



Dhanvantari Ayurveda Festival - 2023

महर्षि वाल्मीकि जयंती (शरद पूर्णिमा) से धन्वन्तरि जयंती (कार्तिक, कृष्ण त्रयोदशी) तक

28 Oct. 2023 to 10 Nov. 2023

National seminar on Sroto-Dynamics

इप-रेहा-बायु

Bridging Body, Mind and Spirit



Organised by

Guru Gorakshnath Institute of Medical Sciences

Faculty of Ayurveda



Date

8th, 9th & 10th Nov. 2023



MAHAYOGI GORAKHNATH UNIVERSITY GORAKHPUR, UTTAR PRADESH-273007

ABOUT OUR INSTITUTION

Mahayogi Gorakhnath University Gorakhpur :

With the grace and blessings of Shiva Avatar Mahayogi Guru Gorakshanath Ji and with the loving inspiration and blessings of Sant Shiromani Goraksha Peethadheeshwar Param Pujya Brahmalin Mahant Aavidyanath Ji Maharaj, who had a dream resolution towards the betterment of education, the present Peethadheeshwar of Gorakshapeeth and the successful Chief Minister of Uttar Pradesh Shri Yogi Adityanath ji established Mahayogi Gorakhnath University Gorakhpur in the year 2021 with a vision of providing comprehensive services in the fields of Medicine, Ayurveda, Nursing, Allied Health Sciences, Paramedical and Agriculture. Under these comprehensive services, University is offering UG, PG & Diploma courses for Bio-technology, Microbiology, Biochemistry, and Paramedical courses like Lab Technician, Dialysis Technician, Optometry, Emergency & Trauma Care Technician, Anaesthesia & Critical Care Technician and Orthopedics & Plaster Technician.

Guru Gorakshnath Institute of Medical Sciences :

Guru Gorakshnath Institute of Medical Sciences, Faculty of Ayurveda in the Mahayogi Gorakhnath University Gorakhpur campus is a budding institution aspiring to provide the highest quality of education, healthcare and research facilities in the field of Ayurveda in Eastern Uttar Pradesh.

The college started functioning in the year 2021 in a vast area of land with high-standard multistorey buildings equipped with ICT-enabled classrooms, a central library, and a digital library. The college is offering the graduate degree of BAMS with the intake capacity of 100 students and Ph. D programs in Ayurveda.

The Mahant Digvijaynath Ayurveda Hospital attached to the college equipped with ultra-modern facilities provides patients with affordable and complete Ayurveda health care with a spirit of selfless service and dedication in all possible ways.

ABOUT THE SEMINAR

Dhanwantari Ayurveda Festival :

Dhanwantari Ayurveda Festival is a fortnight of events organized every year on the occasion of National Ayurveda Day celebrated on Dhanwantari Jayanti. On the occasion of the 8th National Ayurveda Day, a three day national seminar, 'Sukhayu-2023' 'Bridging Body, Mind and Spirit' with the theme on Sroto Dynamics is planned to be conducted.

Sukhayu- 2023 :

The word Su-kha-ayu is split in a special way to signify the importance of Srotas (Kha) for the well being of all."The concept of 'Su kha ayu' encapsulates the aspiration for a long and healthy life by maintaining balanced and optimal functioning of the body's 'Srotas' or channels, promoting overall well-being."

Sroto dynamics in Ayurveda refers to the intricate network of channels within the body that facilitate the flow of nutrients, energy, and waste. The study of fundamental and applied aspects of this network of countless channels (Srotas) will be the main theme of this seminar. Even the omnipresent channels of the mind will become an integral area of deliberations. This National Seminar on Sroto-dynamics is a remarkable gathering of academicians, researchers and clinicians to share knowledge, discuss contemporary understanding, advancements and spread awareness of practices on the Ayurvedic concept of Srotas.

THEMES OF THE SEMINAR

Fundamental

**Understanding of Srotas,
Srotomula w.s.r. to its
anatomical &
physiological aspects**

Diagnostics

**Understanding Sroto
Dushti karana and
lakshana,
Understanding Sroto
Viddha Lakshana**

Themes on Srotas

Preventive & Promotive

**Balancing the Srotas for
optimal health through
diet, lifestyle & Yoga.
Srotas and emotional
well-being**

Therapeutics

**Treatment protocols for
Srotodushti, Drugs and
formulations for the treatment,
Adverse drug reactions
observed during the treatment**

CALL FOR ORAL AND POSTER PRESENTATIONS

- ▶ Oral and poster paper presentation sessions are scheduled during the Seminar.
- ▶ Original unpublished papers from UG students, PG scholars, Ph.D. scholars, academicians and researchers are invited for the presentation as per theme and Sub-themes.
- ▶ Received abstracts will be screened by the scientific committee for suitability with the theme and short-listed ones will be communicated on the committed date.
- ▶ One best paper award and one best poster award will be adjudicated for UG students, PG scholars, and Ph.D. scholars/ Academicians separately.

Guidelines for Abstract and Paper submission

- The paper should not have been presented or published before anywhere.
- Abstract should be submitted in MS Word document, Times New Roman fonts, 12 pts, 1.5 line space not exceeding 300 words.
- The abstract should be submitted in IMRaD format including - Title, Name(s) of the author(s) with designation, corresponding (presenting) Author, institute's name, communication details, Theme (under which the abstract is being submitted), Keywords (3-5).
- Full paper must be typed in English on MS Word with Times New Roman font (size 12) on A-4 sized paper, not exceeding 2500 to 3000 words. Referencing must be according to Vancouver style of referencing.
- Title should include case study/case report/ experimental/ literary/ observational/ survey etc.
- Shloka, may be typed in Google input tool Hindi or Sanskrit font, and give the complete references.
- Abstract and Paper should be sent by email to sukhayu.2023@mgug.ac.in
- Selected papers will be considered for oral or poster presentation.
- Registered Authors will be notified of abstract acceptance through official e-mail.
- The full article must be submitted on or before the last date.

Format for Oral & Poster Presentation

- ▶ For Oral presentation, the presenter will get six minutes (5 + 1) time.
- ▶ PPT should contain maximum 15 slides with Font size 24 - 28.
- Format for Poster :**
- ▶ The recommended size for poster is 3 (width) x 4 (height) feet.
- ▶ Poster includes Title, Author and Co-author names with institutional affiliation, methods, results and conclusion.
- ▶ Text should be clear and to the point.
- ▶ Use of bullets, numbering and headlines make it easy to read
- ▶ All diagrams, pictures, tables and equations used in posters should be visible to read.
- ▶ E-mail and phone number should be placed on the upper right side of the poster.
- ▶ The templates for the abstract and the PPT is available on the website.

Note: Details of Mobile photography, video competitions & Exhibition are available on the official website:

<http://ayurveda.mgug.ac.in/motive.aspx>

Eminent Speakers & Seminar Schedule

8th Nov. 2023 (Day - 1)

Opening Ceremony, Scientific Sessions, Oral presentations, Temple and Campus Visit

Prof. P.K. Goswami
Dean,
Faculty of Ayurveda,
Institute of Medical Sciences,
Banaras Hindu University,
Varanasi
**Srotas: An Overview and
Exploration**

Dr. Shivakumar Harti
Associate Professor,
Dept. of Swasthavritta and Yoga,
All India Institute of Ayurveda,
New Delhi,
**Exploring Ayurvedic
approaches to diet and
lifestyle according to Srotas**

Dr. Prasanna Mogasale
Associate Professor,
Dept. of Samhita & Siddhanta,
SDM College of Ayurveda, Udupi,
Karnataka.
**Understanding the impact
of imbalances of
Srotodushti**

9th Nov. 2023 (Day - 2)

Scientific Sessions, Oral and poster presentations, Cultural Events

Dr. Parameshwarappa Byadagi
Professor,
Dept of Roga Nidana and Vikruti
Vijnanan, Faculty of Ayurveda, BHU,
Varanasi,
**Integrated diagnostic
approaches for understanding
Srotasushti**

Dr. Niranjana Rao
Professor & Head,
Dept. of Panchakarma,
SDM College of Ayurveda,
Udupi, Karnataka.
**Overview of the
management of Srotodushti**

Dr. Girish K.J.
Vice Principal & Professor,
Dept. of Kayachikitsa,
Patanjali Ayurvedigyan Evam
Anusandhan Sansthan, Haridwar
**Excretory channels -
exploring the diagnostic
and therapeutic pathway**

10th Nov. 2023 (Day - 3)

Scientific Sessions, Oral Presentations, Panel discussion, 8th Ayurveda day and Valedictory ceremony

Dr. Ram Manohar P
Research director,
Amrita School of Ayurveda, Kollam, Kerala
**Understanding Manovaha Srotas and
its role in psychosomatic diseases**

Dr. P Hemanth Kumar
Professor & Head
Dept. of Shalya Tantra,
National Institute of Ayurveda, Jaipur.
**Role of Ayurvedic surgical techniques in the
management of various Srotodushti Vikaras**

Chief Patron
Shri Yogi Adityanath

Hon'ble Chief Minister, Government of Uttar Pradesh
Chancellor, Mahayogi Gorakhnath University Gorakhpur

Patron
Prof. Uday Pratap Singh

Ex. VC, Bahadur Singh Purvanchal University, Jaunpur, U.P.
Pro-Chancellor, Mahayogi Gorakhnath University Gorakhpur

Chairman
Major General (Dr.) Atul Bajpai (Retd.)

Vice Chancellor, Mahayogi Gorakhnath University, Gorakhpur

Convener
Dr. Manjunatha N.S.
Principal,
Guru Gorakshnath
Institute of Medical Sciences
Faculty of Ayurveda, Gorakhpur

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Dr. Naveen Kodlady
Prof. & HOD,
Dept. of Rasashastra & BK

Dr. Piyush Versha
Asso. Prof. & HOD,
Dept. of Kriya Sharir

Inauguration Ceremony
08th Nov.2023
Chief Guest
Dr. Jayant Deopujari
Chairman,
NCISM

Valedictory Ceremony
10th Nov.2023
Chief Guest
Dr. Daya Shankar Mishra
Hon'ble Ayush Minister
Govt. of Uttar Pradesh

Joint Organizing Secretaries
Dr. Vinamra Sharma
Asso. Prof.,
Dept. of Rasashastra & BK

Dr. Sumith Kumar M.
Asso. Prof.,
Dept. of Samhita & Siddhant

Dr. Pragya Singh
Asst. Prof.,
Dept. of Samhita & Siddhant

Organizing Committee Members

Dr. D.S. Ajetha

Dean, Faculty of Nursing & Paramedical Sciences

Prof. (Dr.) Sunil Kumar Singh

Dean, Faculty of Allied Health Sciences

Dr. Vimal Kumar Dubey

Dean, Faculty of Agriculture, MGUG

Mr. Rohit Kumar Srivastava
HOD, MAPC, MGUG

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Dr. Yasmin
Asso. Prof. Dept. of Dravyaguna

Dr. Neeraj Kumar Gupta
Consultant, Dept. of Balrog

Dr. Kiran Kumar Reddy
Consultant, Dept. of Shalyatantra

Important Dates

- Last date for submission of Abstracts : 30 Sep. 2023
- Intimation regarding the acceptance of papers : 10 Oct. 2023
- Last date for submission of full paper : 15 Oct. 2023
- Date for Early bird Registration : 30 Sep. 2023

For enquiries, reach us at

- Registration : 9620979380
- Accommodation Enquiry : 7396346121
- Scientific paper : 9449664358
- Exhibition : 9650970307

Email : sukhayu.2023@mgug.ac.in, Contact: 8762532812, 9657221385

Advisory Committee

Vaidya Rajesh Kotecha, Secretary, Ministry of AYUSH

Dr. Jayant Deopujari, Chairman, NCISM

Prof. D.P. Singh, Former Chairman, UGC

Dr. G.N. Singh, Former Drugs Controller General of India (DCGI)

Dr. B.S. Prasad, President, Board of Ayurveda, NCISM

Dr. Raghurama Bhatta U., President, MARBISM, NCISM

Dr. Tanuja Manoj Nesari, Director, AIIA, New Delhi

Dr. A.K. Singh, Vice Chancellor, Mahayogi Guru Gorakhnath AYUSH University, Gorakhpur

Dr. Sunil Joshi, Former Vice Chancellor, Uttarakhand Ayurved University, Dehradun

Dr. Abhimanyu Kumar, Former Vice Chancellor, Rajasthan Ayurved University, Jodhpur

Dr. S. N. Gupta, Vice Chancellor, MAM University, Nadiad, Gujarat

Dr. K.R.C. Reddy, Former Director, PCIMH, Prof., Dept. of RSBK, IMS, BHU, Varanasi

Dr. Prasanna N. Rao, Principal, SDM College of Ayurveda, Hassan, Karnataka

Registration fee details			
Category for registration fees	Early bird Registration 30/09/2023	Late Registration 15/10/2023	On spot registration
UG/INTERNEE	₹ 700/-	₹ 900/-	₹ 1300/-
PG/PhD	₹ 1000/-	₹ 1200/-	₹ 1600/-
Academicians and Professionals	₹ 1500/-	₹ 1700/-	₹ 2100/-

Food and modest shared accommodation will be provided in the University Campus

How to Register

Step - 1. For Registration, click the link below or scan the QR code.



<https://t.ly/PMcOH?r=qr>

Step - 2. Fill all the required fields in the google form and Submit.

Step - 3. For payment of Registration fee, Scan the QR Code below or pay through RTGS/NEFT/IMPS to the Bank Account mentioned below.

Step - 4. Save the Transaction details for further correspondence.

Bank details

Name of the bank: Punjab National Bank

Bank Branch: Industrial area, Gorakhpur

Beneficiary name: Seminar Mahayogi Gorakhnath University Gorakhpur

Account number: 0666000100480362, **IFSC :** PUNB0066600



SCAN & PAY USING ANY BHIM UPI APP



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