

गुरु गोरक्षनाथ इंस्ट्ट्यूट ऑफ मेडिकल साइंसेस,आयुर्वेद संकाय

Guru Gorakshnath Institute of Medical Sciences - Faculty of Ayurveda

Constituent unit of Mahayogi Gorakhnath University Gorakhpur Established under UGC ACT 1956 SECTION 2(f) Aarogya Dham, Balapar Road, Sonbarsa-273007 (UP)

ACTIVITY REPORT OF NATIONAL AYURVEDA DAY - 21/10/24

Under 9th National Ayurveda Day Celebrations, as per the instructions of Ministry of Ayush and NCISM following activities were conducted in Guru Gorakshnath Institute of Medical Sciences, Ayurveda College and Hospital on 21/10/2024.

1) Patient Awareness Campaign – Under this activity, Patients were made aware about life style disorders and maintainance of health through proper dinacharya. They were advised use this knowledge for prevention of disease and helping the treatment by following proper regime.

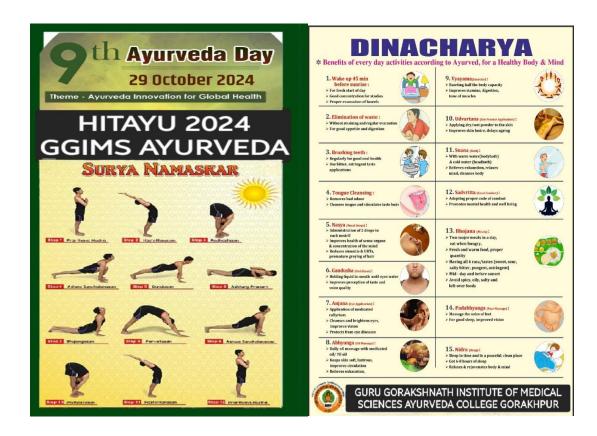








2) **Brochure Distribution campaign** – under this activity patients were educated and provided with the brochures of dinacharya and Surya namaskar.



3) I SUPPORT AYURVEDA Campaign – Under this activity, patients were explained about importance of Ayurveda, and they expressed their support by clicking on I SUPPORT AYURVEDA ICON. And even students and staff were informed to click on I SUPPORT AYURVEDA ICON.







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4) **Selfie Campaign** – Under this activity, students and staff participated in the event by clicking selfies with selfie stand, hence expressing their support with the intent of making this program a great success.





