



गुरु गोरक्षनाथ इंस्टिट्यूट ऑफ मेडिकल साइंसेस, आयुर्वेद संकाय Guru Gorakshnath Institute of Medical Sciences - Faculty of Ayurveda

Constituent unit of Mahayogi Gorakshnath University Gorakhpur
Established under UGC ACT 1956 SECTION 2(f)
Aarogya Dham, Balapar Road, Sonbarsa-273007 (UP)

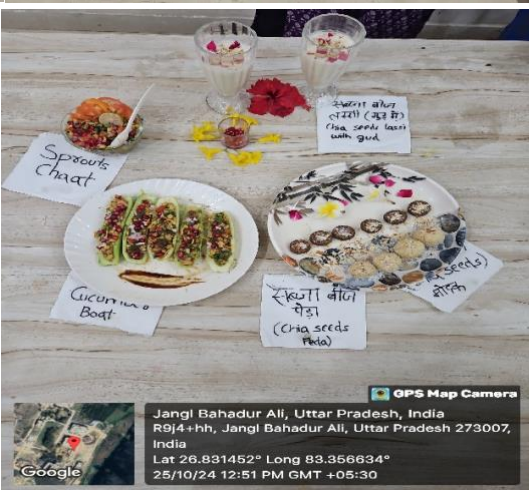
ACTIVITY REPORT OF NATIONAL AYURVEDA DAY – 25/10/24

Under 9th National Ayurveda Day Celebrations, as per the instructions of Ministry of Ayush and NCISM following activities were conducted in Guru Gorakshnath Institute of Medical Sciences, Ayurveda College and Hospital on 25/10/2024.

Patient Awareness Campaign – Under this activity, Patients were made aware about **Hand wash technique**. They were advised to use this knowledge for prevention of disease.



2) Fireless Food competition – A 2nd round competition was held for cooking methods without help of fire, which led for many innovative thoughts in students. From 12pm to 1 pm.





3) Medicinal plants Plantation Program – A program of planting 250 medicinal plants was started on 25/10/24, which includes planned plantation of different medicinal plants in campus.





- 4) LECTURE – A lecture was held by Dr Devi Nair mam, on Prakriti Pariksha and its importance in treatment and prevention of diseases, students were made to think with a different approach and were advised to educate people and patients regarding importance of prakriti.



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GPS Map Camera



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