

गुरु गोरक्षनाथ इंस्टीट्यूट ऑफ मेडिकल साइंसेस, आयुर्वेद संकाय

**GURU GORAKSHNATH INSTITUTE OF MEDICAL SCIENCES
FACULTY OF AYURVEDA**



Mahayogi Gorakhnath University Gorakhpur
Arogya Dham, Balapar Road, Sonbarsa, Gorakhpur - 273007
(Established under UGC ACT 1956 SECTION 2(f)) (Permitted by NCISM))

Ref. No.-MGUG/FAY/ Ayurveda day 2026

Date:-09/09/2026

11th NATIONAL AYURVEDA DAY CELEBRATIONS - PLAN OF ACTIVITIES

17th SEPTEMBER – 23RD SEPTEMBER 2026

(Ayurveda for healthier tomorrow)

DAY No	DATE	ACTIVITY	PLAN	NAME OF INCHARGE FACULTY / DEPT
1	17/09/2026 Thursday	School/ College outreach program	Awareness Lecture to the students of Faculty of Agriculture by Dr. Pragya Singh and Dr. Vaishakh	Dr. Sreelakshmi and Team KB Dept. Dr. Prggya Singh Dr. Vaishakh
2	18/09/26 Friday	Public awareness program and Medicinal Plant Distribution	Krishi Vigyana Kendra pipiganj visit	Dr. Yasmin and Team DG Dept.
		Women health and health awareness program	Awareness interaction with the students of GGIMS	Dr. Jitendra Kumar Mishra and Team - PTSR dept.
3	19/09/2026 Saturday	Yoga workshop	Common Yoga Protocol with Suryanamasakar for patients or attendants	Dr. Vaishakh
		One Awareness Lecture to the students of Faculty of Pharmacy	To the students of Pharmacy, MGUG by Dr. Dinesh Kumar Singh	Dr. Pragya Singh
		FDP on Application of Pedagogy and evaluation methodologies for the Ayurveda education to Teachers of GGIMS	Workshop on Modern pedagogy and evaluation system by Dr. Rajesh, Vice Principal, Medical College, MGUG	Dr. Navoday Raju
4	20/09/2026 Sunday	Reels Making Competition	Collection through Google Form link	Dr. Sandhya Pathak
5	21/09/2026 Monday	Academic Quiz	To the Students of GGIMS	Dr. Jitendra Kumar Mishra
		Medical Camps	Sonbarsa and Balapar Village	Dr. Dinesh Kumar Singh Dr. Kamlesh Kumar Pandey

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		AyurvedaAwareness Rally	Sonbarsa Village	Dr. Shanthibhushan H Dr. Naveen Kodlady
6	22/09/2026 Tuesday	Ayurveda Food Exhibition	Ayurveda diet stalls	Dr. Vijisha PM and Team RSBK Dept.
		Competitions for MGUG students	English and Hindi Speech Competition on the topic “Beyond healing – Ayurveda’s multidimensional impact”	Dr. Vinamra Sharma
7	23/09/2026 Wednesday	Nukkkad Natak Street Play	By students of GGIMS	Dr. Sandhya Pathak
		Seminar on Ayurveda for Community Wellbeing and Sustainable Living	By GS Tomar, President, Vishwa Ayurveda Mission	Dr. Naveen Kodlady
		Valedictory Program of Ayurveda day Celebrations 2026 with Prize Distribution	Chief Guest: Avadh Bihari Tiwari, Medical Suoewrintedent, Mahayogi Gorakhnath Hospital, Sonbarsa, Gorakhpur	Dr. Shantibhushan H
Reporting Committee		1. Pragya Singh - Print Media 2. Sadhvinandan Pandey - Print Media 2. Navoday Raju – Social Media 2. Kamal Nayan - Social Media		

Throughout week Activity:

1. Ayurveda Awareness & Medicine Awareness to Patients and attendants in the Hospital – Dr. Vaisakh, Dr Yasmin & Dr. Preeti Pandey
2. Free Nadi Pariksha to the patients and attendants at the Digvijanath Ayurveda Hsopital, Sonbarsa, Gorakhpur


Dr. Naveen Kodlady

Nodal Officer/Chairman,
Ayurveda day Celebrations Committee 2026


Principal
PRINCIPAL
GURU GORAKSHNATH INSTITUTE OF MEDICAL SCIENCE
AROGYADHAM, SONBARSA, BALAPAR
GORAKHPUR (U.P.) 273007

Dr. Giridhar Vedantam