

GURU GORAKSHNATH INSTITUTE OF MEDICAL SCIENCES

College Code: AYU0622

MAHAYOGI GORAKHNATH UNIVERSITY GORAKHPUR

INTERNSHIP ORIENTATION PROGRAM

2021-22 BAMS Batch

Inaugural Session

Date: 01-10-2026

Time: 9 AM onwards

Venue: Multipurpose Hall

Program Schedule

On stage Dignitaries:

Chief Guest: Honourable VC Lt. Gen. Dr. Bhupesh Kumar Goyal

Registrar, Dr. Pradeep Kumar Rao

Principal Dr. Giridhar Vedantam

Medical Superintendent- Dr. Dinesh Kumar Singh

Vice Principal- Dr Kamlesh Kumar Pandey

Intern Coordinator: Dr. Diksha Kharab

Time	Program
9:15 - 9:30 AM	Welcome to Guests on to the stage Lamp Lighting & Puspanjali Rashtragan, Dhanvantari Vandana
9:30- 9:34 AM	Welcome Speech – Principal Dr Giridhar Vedantam
9:34- 9:35 AM	Felicitation of VC Sir
9:35 – 9:50 AM	Internship Orientation Address – Honourable VC Lt. Gen. Bhupesh Kumar Goyal
9:50- 9:53 AM	Vote of Thanks- Dr Kamlesh Kumar Pandey
9:53- 9:58 AM	Vandemataram
10:00 – 10-20 AM	Pretest- Dr. Diksha Kharab

Day 1 (01/10/2026) THURSDAY

TIME	TOPIC	RESOURCE PERSON
9:15-10:20 AM	Inaugural Pretest	Honorable VC sir, Registrar sir Dr Diksha Kharab
10:20-11:50 PM	Session-1 Capacity Building and Personality development a) Self-learning, collaborative learning, lifelong learning strategies b) Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, public speaking, Patient Interaction, Bedside Manners etc.	Dr Rajeev Saxena
11:50- 12:00 PM Tea Break		
12:00-1:30PM	Session -2 ❖ General rules, regulation and Leave policies ❖ Code of conduct ❖ Provisional Registration procedure ❖ OPD / IPD duties and responsibilities Departmental a) The interns should be oriented with general rules and regulations of the hospital, their code of conduct and responsibilities during postings. b) Duration of posting in different departments as per schedule of internship adopted by the hospital. E-Logbook registration and entry of Shishiksha AEBAS Registration	Dr. Dinesh Kumar Singh & Dr. Giridhar Vedantam
1:30 – 2 PM LUNCH Break		
2:00-3:00 PM	Session-3 Drug and Magic remedy Act: ❖ Medical certificate writing. Briefing of medico legal aspects of objectionable advertisement.	Dr Vinamra Sharma
3:00-4:00 PM	Session -4 Shalakyatantra Hands on training on application of instruments. ❖ Kriyakalpa unit management ❖ OPD card & IPD notes writing ❖ Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. ❖ Prescription writing specific to Shalakya department ❖ Discharge card writing a) Hands on training on clinical examination and writing notes of Eye and ENT surgery by giving a certain clinical/ Surgical scenario. b) Writing of Patient progress note and discharge summary.	Dr Ashwathy Narayanan

	Hands on training of Kriyakalpa (procedures) performed in Eye and ENT department	
4:00-5:00PM	Session -5 Medical Records department (MRD) and documentation standards a) Introduction to MRD and its importance in patient care b) Types of records: OPD slips, IPD files, lab reports, consent forms, birth/death certificates, and discharge summaries. c) Record maintenance and retrieval protocols.	Dr Kamlesh Kumar Pandey

Day 2 (02/10/2026) FRIDAY		
TIME	TOPIC	RESOURCE PERSON
9:15-11:15 AM	Atyayikchkitisa (Emergency or Casualty Management) – a) Demonstrate common protocol of Casualty section. b) Sensitize internees with emergency medications and common types of emergencies. c) Management protocols and medications related instruments in emergency management.	Dr Awadh Bihari Tiwari
11:15-12:15 PM	❖ Biomedical waste disposal ❖ Hospital infection Control ❖ Patient safety Goals a) Hands on training of collection, segregation and disposal of BMW (Interns may be divided into three groups and conduct the activities parallel and by swapping the batches) b) Hands on training of Hand washing techniques, Gloving, Spill management c) Mock drill of different codes of NABH	Dr Rohit Kumar Srivastava
12:15-1:15PM	Primary Health Care (PHC): Orientation on The internship training in Primary Health Centre or Community Center or Rural Hospital or District Hospital or Civil Hospital or any Government Hospital of modern medicine or Ayurvedic Hospital or Dispensary - During the six months internship training in Primary Health Centre or Rural Hospital or Community Health Centre or District Hospital or any recognized or approved hospital of Modern Medicine or Ayurvedic Hospital or Dispensary.	Dr Dinesh Kumar Singh
	LUNCH BREAK	
2:00-3:00 PM	Pharmacy & Pharmaco-vigilance – ❖ Introduction to Hospital/College Pharmacy ❖ Dispensing Practices: Classical formulations (churna, ghrita, taila, avaleha, asava-arishtha, vati/gutika), Proprietary medicines, SOPs for OPD	Dr Naveen Kodlady

	and IPD supply, Label interpretation (drug name, composition, dose, anupana, expiry date, batch number) ❖ Observation of untoward events ❖ Documentation and reporting of ADR a) Demonstration of case record form of ADR. Knowledge of Right Dose, time of administration and duration of the formulations	
3:00-4:00 PM	Laboratory – ❖ Data Documentation ❖ Sample Collection, Storage and Transport ❖ Hands on training on instrumentation ❖ Laboratory etiquettes - Hands on training on blood sample collection techniques, handling of equipments. Disposal of samples after testing.	Dr Sandhya Pathak, Dr Gudipudi VSSN Sarvabhuma
4:00-5:00PM	Awareness & Orientation of NABH standards updated for Ayurveda Hospitals a) Basic knowledge of NABH standards b) Patient centered NABH Standards	Dr Abhijit Narayanan

DAY 3 (03/10/2026) SATURDAY		
TIME	TOPIC	RESOURCE PERSON
9:15-11:15 AM	❖ Knowledge of HIMS (Hospital information Management system): ❖ Hands on training of interns regarding – registration with generation of unique ID, management of OPD and IPD patients, referral, Prescription writing etc. ❖ The interns must be made familiar with contents, duration and conditions suitable or not suitable for issuing medical certificate with ethical consideration. Interns must be made familiar with different types of consents related to different clinical scenarios and departments	Mr. Sandeep Prajapati, Dr Sreelakshmi C L
11:15-01:15 PM	Swasthavrutta & Yoga (Lifestyle Management, Public Health and yoga): Roles and responsibilities in respect to Dietary regimen and Yoga. a) The interns should be given hands on training of diet charts preparation. b) Small group activity can be done for diet chart preparation and yogasana/for different clinical conditions. Small Role play/Skit on diurnal and seasonal regimen.	Dr Vaisakh R

	LUNCH BREAK	
2:00-3:00 PM	Communication leadership and counselling: ❖ Patient counselling ❖ Cultural sensitivity ❖ Compassionate approach Team work	Dr Preeti Pandey
3:00-4:00 PM	Ayushmaan Bharat Digital Mission (ABDM): Telemedicine and E-Sanjeevani, Hand on training on HPR portal, Tele-medicine, and e-sanjeevani should be given to interns.	Dr Vijisha P M
4:00-5:00PM	Know AYUSH Regulatory bodies: a) Information regarding AYUSH Ministry and its functions. Knowledge of different National and State Organizations, State ISM registration councils and other regulatory bodies related to ASU system. Guidelines by BERISM, NCISM, AYUSH	Dr Vishnu B

(04/10/2026) SUNDAY		
TIME	TOPIC	RESOURCE PERSON
9:15AM-5:00 PM	Experiential Learning in Wards, Emergency and Panchakarma	Consultants and RMOs

Day 4 (05/10/2026) MONDAY		
TIME	TOPIC	RESOURCE PERSON
9:15-11:15 AM	Shalya tantra - Surgery ❖ OPD card & IPD notes writing ❖ Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. ❖ Prescription writing specific to surgery department ❖ OT etiquettes ❖ Discharge card writing a) Hands on training on writing notes of surgery by giving a certain clinical/ Surgical scenario. b) Writing of Patient progress note and discharge summary. Hands on training of OT etiquettes and various	Dr Sandeep Upadhyay
11:15-01:15 PM	Scientific presentation skills: ❖ Case series presentation ❖ Research aptitude & introduction to clinical audits ❖ Orientation on publication skills Research and Review article presentation	Dr Arpit Walia, Dr Reshmi Pushpan
	LUNCH BREAK	

2:00-4:00 PM	Panchakarma OPD card & IPD notes writing a) Therapy Notes – Name of therapy, Type of medication, Application method, Duration and Observation. b) Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. c) Prescription writing d) Daily assessment and observation notes on IPD case paper e) Documentation (recording of Registers) f) Scheduling of Appointments of Procedures ❖ The interns should be made familiar with the appointment schedule of different therapeutic procedures. ❖ Hands on training/Demonstration of various procedures like snehan, swedan and various types of Basti etc. (Procedure writing)	Dr Arjun Sasi Kumar, Dr Dhanya
4:00-5:00PM	Medical value travel and AYUSH VISA: Introduction to Heal by India and Heal in India.	Dr Yasmin S

Day 5 (06/10/2026) TUESDAY		
TIME	TOPIC	RESOURCE PERSON
9:15-11:15 AM	Kayachikitsa (Internal Medicine) ❖ OPD card & IPD notes writing a) The essential contents include - Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. b) Essential contents of prescription – Order of ASUS medicines, Medication Name, Dosage Form, Anupana (Vehicle), Dosage, Frequency, Route of Administration, Duration, Prescriber's Signature, Other Instructions: Pathya, Apathya. (Food and lifestyle – Compatible and non-compatible) ❖ Discharge card writing a) Hands on training on prescription writing by giving a certain clinical scenario specific to the department. b) Writing of Patient progress note and discharge summary. ❖ Mock drill of emergency condition like shock etc. ❖ (Unavailability of instrument may hinder hands on training so we need to explain how they gonna hand train for each specific op and ip)	Dr Kamlesh Kumar Pandey , Dr Dinesh Kumar, Dr Vishnu B, Dr Preeti Pandey Dr. Abhijit N
11:15-01:15 PM	Stree Roga evam Prasuti Tantra (Gynecology and Obstetrics): ❖ Labour Theater etiquettes ❖ OPD card, ANC card & IPD notes writing	Dr Vishnumaya, Dr Jitendra Mishra,

	❖ Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. ❖ Prescription writing specific to PTSR department ❖ Discharge card writing a) Hands on training of various gynaecological examination and procedures. Writing of birth note and discharge summary.	Dr Rachana A S,
	LUNCH BREAK	
2:00-3:00 PM	Orientation to E-Logbook & sensitization on mandatory online National programme as prescribed by NCISM. ❖ Introduction to NCISM-mandated electronic logbook system. ❖ Structure of the logbook: case records, procedures (Observed/Assisted/Performed), reflections. ❖ Integration with HIMS and biometric attendance. ❖ Rules for verification and certification by HOD/Consultant. ❖ Penalties for incomplete or non-certified logbook. Demo session: how to make daily entries.	Dr Diksha Kharab
3:00-4:00 PM	Medico-legal aspects and Ethics – NCISM regulations (National Commission for Indian System of Medicine (Ethics and Registration) Regulations, 2023).- The interns must be given knowledge of regulations regarding ethics for Rights and privileges of ISM practitioners.	Dr Reshmi Pushpan
4:00-5:00PM	Team Building Activities for interns: - The intern coordinator/intern In-charge/ Resource person will divide the interns in different batches of appropriate size for effective participation of all interns and conduct the team building activity. - The planning of the activity can be done one day before for better outcome. Team building activities for interns must aim to enhance teamwork, communication, and morale within their group, ultimately boosting overall performance and fostering a more positive work environment.	Dr Akhilesh Dubey

Day 6 (07/10/2026) WEDNESDAY		
TIME	TOPIC	RESOURCE PERSON
9:15-10:15 AM	Entrepreneurial opportunities in AYUSH: ❖ Job or other career opportunities after Graduation. ❖ Knowledge of different prospective fields available for AYUSH interns after completion of degree. Brief of MSME schemes.	Dr Sreenath R
10:15-12:15 PM	Kaumarbrutya - (Pediatrics): ❖ Vaccination – Cold chain and record keeping ❖ NICU management and Etiquettes ❖ OPD card & IPD notes writing	Dr Sreelakshmi, Dr Diksha Kharab

	❖ Detailed examination of the concerned system related to chief complaint ❖ Anthropometric measurements for growth assessment – e.g. height and weight ❖ Immunization record ❖ Essential elements of prescription as drug form, dosage and frequency are to be written on OPD and IPD case sheets. ❖ Discharge card writing a) Hands on training on prescription writing by giving a certain clinical scenario specific to the department. b) Writing of Patient progress note and discharge summary. Demonstration of cold chain maintenance	
12:15-1:15PM	National Examinations: Information about (National Commission for Indian System of Medicine (National Examinations for Indian System of Medicine) Regulations, 2023). The interns should be accustomed with the exam regulation of NCISM for different exams like NEXT, NTET etc.	Dr Devi R Nair
	LUNCH BREAK	
2:00-3:00 PM	Post Test & Feed back	Dr. Diksha Kharab Dr Pragya Singh
3:00-4:00 PM	Valedictory Program	Dr Shantibhushan H
4:00 – 5:00 PM	Cultural Program by Interns	Dr. Jitendra Mishra & Dr. Sandhya Pathak