



Deerghayu 2026

NATIONAL CONFERENCE ON GERIATRICS

4TH TO 6TH NOVEMBER 2026

दीर्घमायुः स्मृतिं मेधामारोग्यं तरुणं वयः।
प्रभावर्णस्वरौदार्यं देहेन्द्रियबलं परम्॥७॥
वाक्सिद्धिं प्रणतिं कान्तिं लभते ना रसायनात्।
लाभोपायो हि शस्तानां रसादीनां रसायनम्॥८॥ [Cha.Chi. 1]

Organized By

J. K. S. Center for Traditional Medicine

Guru Gorakshnath Institute of Medical Sciences
(Faculty of Ayurveda)

Mahayogi Gorakshnath University Gorakhpur

Arogya Dham, Balapar Road, Sonbarsa,
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ABOUT US

Guru Gorakshnath Institute of Medical Sciences:

- Guru Gorakshnath Institute of Medical Sciences, Faculty of Ayurveda in the Mahayogi Gorakshnath University Gorakhpur campus is a budding institution aspiring to provide the highest quality of education, healthcare and research facilities in the field of Ayurveda in Eastern Uttar Pradesh. The college started functioning in the year 2021 in a vast area of land with high-standard multi-storey buildings equipped with ICT-enabled classrooms, a central library, and a digital library.
- The college is offering the graduate degree of BAMS with the intake capacity of 100 students and Ph.D. programs in Ayurveda. The Mahant Digvijaynath Ayurveda Hospital attached to the college, is equipped with ultra-modern facilities provides patients with affordable and complete Ayurveda health care with a spirit of selfless service and dedication in all possible ways. our institute has successfully conducted two international conferences on Ayurveda-Yoga-Nathpanth in January 2025, Arogya Sangam in October 2025, two national conferences - Hitayu 2024 and Sukhayu 2023.

Mahayogi Gorakshnath University Gorakhpur:

- With the grace and blessings of Shiva Avatar Mahayogi Guru Gorakshanath Ji and with the loving inspiration and blessings of Sant Shiromani Goraksha Peethadheeshwar Param Pujya Brahmalin Mahant Advaidyanath Ji Maharaj, who had a dream resolution towards the betterment of education, the present Peethadheeshwar of Gorakshapeeth and the successful Chief Minister of Uttar Pradesh Shri Yogi Adityanath ji established Mahayogi Gorakshnath University Gorakhpur in the year 2021 with a vision of providing comprehensive services in the fields of Medicine, Ayurveda, Nursing, Allied Health Sciences, Pharmacy, Paramedical, Agriculture, Management and Law, Engineering & Technology etc.



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TOPICS FOR PAPERS

- ♦ AGEING
- ♦ DEGENERATIVE DISORDERS
- ♦ NEURO-MUSCULAR DISORDERS
- ♦ SATTVAVAJAYA
- ♦ DEMENTIA, DEPRESSION, MEMORY, SLEEP, PARKINSONISM
- ♦ INFLAMMATORY DISORDERS
- ♦ PAIN MANAGEMENT
- ♦ IMMUNITY
- ♦ CARDIOVASCULAR DISORDERS
- ♦ UROLOGY– NEPHROLOGY
- ♦ ONCOLOGY
- ♦ PALLIATIVE CARE/ HOSPICE CARE / ELDERLY CARE
- ♦ LIFE STYLE MODIFICATIONS
- ♦ METABOLIC SYNDROME AND ENDOCRINOLOGY
- ♦ GERIATRICS – RASAYANA
- ♦ PREVENTIVE / SUPPORTIVE CARE
- ♦ AGEING IN WOMEN - POST MENO-PAUSE PROBLEMS
- ♦ OPHTHALMOLOGY AND ENT
- ♦ SKIN DISORDERS
- ♦ PANCHAKARMA IN OLD AGE
- ♦ SURGICAL MANAGEMENT IN OLD AGE
- ♦ KSHARASUTRA & PARASURGICAL PROCEDURES
- ♦ NOVEL DRUG DELIVERY & NANO MEDICINE
- ♦ SEXUAL DYSFUNCTION
- ♦ AYURVEDA AHARA / DIETETICS IN ELDERLY
- ♦ COSMETICS

- ♦ Plenary sessions
- ♦ Keynote addresses
- ♦ Case presentations
- ♦ Research paper presentations
- ♦ Poster sessions
- ♦ Interactive sessions
- ♦ Panel Discussion

Special Session on Indian Knowledge Systems



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EMINENT SPEAKERS



Dr. Srikanth Narayanam
Deputy Director, CCRAS,
New Delhi



Dr. Asit Kumar Panja
Professor., Samhita-Siddhanta,
National Institute of Ayurveda,
Jaipur, Rajasthan



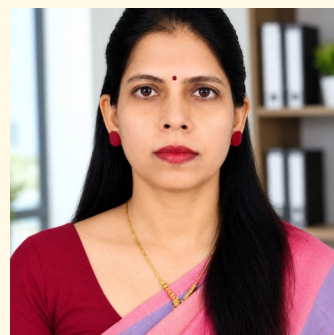
Dr. Kamlesh Kumar Dwivedi,
Member, NCISM, Ministry of AYUSH,
New Delhi



Dr. Sanjay Srivastava
Ex. Associate Professor, Dept. of
Shalya Tantra, Dr. Sarvepalli Radha-
krishnan Rajasthan Ayurveda Univer-
sity, Jodhpur, Rajasthan



Dr. M. Sreenivasulu
Rtd. Prof. & HoD, DR.BRKR
Govt. Ayurveda College
Hyderabad, Telangana



Dr. Aradhana Singh
Additional Professor, O & G,
AIIMS, Gorakhpur, U.P.



Dr. Sanjeev Rastogi,
Rtd. Prof. Kayachikitsa,
Govt. Ayurveda College,
Lucknow, U.P.



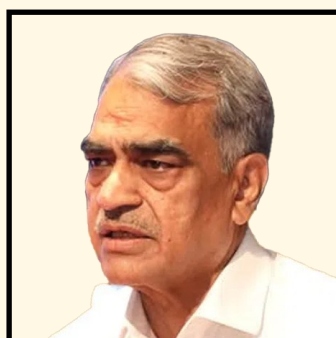
Dr. Rajeew Srivastava
C.O.O., Guru Shri Gorakhnath
Chikitsalaya, Gorakhpur, U.P.



Dr. Suhas Kumar Shetty
Principal, KLE Shri BMK Ayurveda
Mahavidyalya,
Belagavi, Karnataka



Dr. G.S.Tomar
President
Vishwa Ayurveda Mission,
Prayagraj, U.P.



Dr. Sanjay Maheshwari
Medical Director
MP Birla Group of Hospitals,
Satna, M.P.



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ORGANISING COMMITTEE

Chief Patron

Shri Yogi Adityanath Ji

**Hon'ble Chief Minister, Government of Uttar Pradesh
Chancellor, Mahayogi Gorakhnath University Gorakhpur**

Patron

Lt. Gen. (Dr.) Bhupesh Kumar Goyal

**Hon'ble Vice Chancellor
Mahayogi Gorakhnath University Gorakhpur**

Chairman

Dr. Giridhar Vedantam

Principal, Guru Gorakshnath Institute of Medical Sciences

Convenor

Dr. Dinesh Kumar Singh

Associate Professor, Dept. of Kayachikitsa, GGIMS

Organizing Secretary

Dr. Kamlesh Kumar Pandey

Vice Principal, Professor & Head, Dept. of Kayachikitsa, GGIMS

Joint Secretaries

Dr. Jitendra Mishra

**Associate Professor
Dept. of Prasuti Evum Striroga**

Dr. Pragya Singh

**Associate Professor
Dept. of Samhita Siddhanta**

Dr. N. R. Navoday Raju

Associate Professor, Dept. of Kriya Sharira, GGIMS



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ADVISORY COMMITTEE

Dr. Rabi Narayan Acharya, Director General, CCRAS

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Dr. Subarna Roy, Director, ICMR-NITM, Belagavi

Dr. Allam Prabhu Gudda, President, Board of Ayurveda, NCISM, New Delhi

Dr. K. Ramachandra Reddy, Vice Chancellor, Mahayogi Guru Gorakhnath
AYUSH University, Gorakhpur

Dr. G. N. Singh, Advisor, Govt. of U.P., Ex DCGI, Govt. of India

Maj. Gen. (Dr.) Vibha Datta, Executive Director, AIIMS, Gorakhpur

Dr. Sanjay Maheshwari, Medical Director, MP Birla Group of Hospitals

Dr. G.S.Tomar, President, Vishwa Ayurveda Mission

Dr. Abhimanyu Kumar, Ex, VC, Dr S R Rajasthan Ayurveda University, Jodhpur

Dr. B.S.Prasad ,Ex. President, Board of Ayurveda, NCISM, New Delhi

Dr. Pawan Kumar Godatwar, WHO Traditional Medicine Center, SEARO, Jamnagar

Dr. Arvind Chopra, Rheumatologist, Pune

Dr. Mithali Mukherjee, IIT, Jodhpur

Dr. Manoranjan Sahu, Rtd. Prof. Shalya Tantra, BHU

Dr. Shekhar Annambhotla, Ojas LLC Ayurveda Wellness Center US

Dr. V. N. Joshi, Middlesex University London UK

Dr. Sanjay Pokharel, Professor, Patanjali Ayurveda Medical College and Research Centre, Nepal



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REGISTRATION DETAILS

Registration opens on: 5th September 2026
Last date for registration: 15th October 2026
Abstract submission closes on: 30th September 2026

FEE STRUCTURE

Registration Fee: Rs. 3000

(Includes conference kit and food on seminar days)

(Dormitory accommodation may be provided, if requested, on first come first serve basis, based on availability)

PAYMENT & REGISTRATION LINK

website: deerghayu.mgug.ac.in/participant/register

ABSTRACT SUBMISSION LINK

website: deerghayu.mgug.ac.in/participant/register

CONTACTS

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Dr. Pragya Singh- 8858850635

Mr. Aditya Priyadarshi - 9628807263

Principal - 9559991646

Email: ayu_seminar@mgug.ac.in

website: <https://deerghayu.mgug.ac.in/>

NEAREST PLACES TO VISIT



Shri Gorakhnath Mandir, Gorakhpur



Sri Ram Janmabhumi Mandir, Ayodhya (100Km)



Mahaparinirvana Sthupa, Kushinagar (40Km)

NEAREST PLACES TO VISIT



Pokhara, Nepal - Annapurna Himalayan Hill Range (250Km)



Lumbini, Nepal (100Km)



Valmikinagar Tiger Reserve (120Km)



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Location of the College:

College is located in the northwestern part of Gorakhpur city towards Sonauli road, next to Mahesara Bridge, Balapar road, Sonbarsa village.

Distance from:

Gorakhpur railway station -11 km

Gorakhpur central Bus stand- 11.5 km

Gorakhpur airport- 14 km.

Every 10 minutes Electric Bus runs for Mahuatar Chawk (2 km from University) from the city. At Mahuatar Chawk, Auto-Riksha is available.

Google map location : <https://maps.app.goo.gl/urGaiM6bT6TM4y617R9M4+M9> Gorakhpur, Uttar Pradesh

