

## PANCHAKARMA (Detoxification & Rejuvenation Therapy) OPD

### Expertise in Panchakarma therapies in

- Prevention of Disease
- Promotion of Health
- Detoxification
- Skin Disease
- Musculoskeletal Disorders
- Infertility
- Neurological Disorders
- Metabolic Disorders
- Auto-immune Disorders
- Hepato-Renal Disorders
- Acid-Peptic Disorders
- Psychosomatic Disorders

### Treatments available:

Abyanga	Agnilepa	Akshi Seka
Akshi Tarpana	Bhaspa Sweda	Gandusha & Kavala
Greeva Basti	Ishtika Sweda	Janu Basti
Niruha Basti (Decoction enema)	Anuvasana Basti (Oil enema)	Kati Basti
Kaya Seka (Pizichil)	Ksheera Dhooma	Kukkutanda Nimba Sweda
Choorna Pinda Sweda	Mamsa Pinda Sweda	Nadi Sweda
Nasya Karma	Patra Pinda Sweda	Jambira Pinda Sweda
Prishta Basti	Putapaka	Shashtika Shali Pinda Sweda
Shiro Basti	Shiro Dhara	Shiro Pichu

Parisheka	Shirolepa (Talapothichil)	TakraDhara
Udvaartana	Upanaha	ValukaSweda
Vamana Karma	Virechana	RaktaMokshana